



proudly present the

Len Finch Memorial Road Races 2019



**Regional 'A' Race & Women's 2/3/4
(part of the Eastern Road Race League)**

on 18th August 2019, 9.00am.

Reg A: 4 laps of the Bulmer Circuit (52 miles, 84km).

Women's: 4 laps of the Bulmer Circuit (52 miles, 84km).

Event HQ – AFC Sudbury, Brundon Lane,
Sudbury, Suffolk, CO10 1XR, *(SatNav use CO10 7HN)*

ORGANISED UNDER THE TECHNICAL
REGULATIONS OF BRITISH CYCLING

Event Sponsors



01376 569100
www.newtonbrickworks.co.uk



Please support our sponsors who support our cycling events.

Race Officials

Chief Commissaire	Darren Steward
Assistant Commissaire	Joan Potts
Motorbikes	National Escort Group
Lead Car 1	Chris Steward
Lead Car 2	Viv Marsh
First Aid	Gryphon First Aid

Race Organiser:

Darren Rule

tel: 01787 210731, mob: 07747 643858,
roadracing@cycleclubsudbury.com

To whom any critical communication regarding the conduct and organising of this event should be made in writing, preferably within 48 hours from the end of the race.

Acknowledgements

On behalf of the Race Organiser and Cycle Club Sudbury I would like to thank everyone who has contributed to the running of this event: **Essex Police, British Cycling officials, NEG, drivers, marshals, caterers** and all the other many helpers who have given their time and effort to support this event.

Thanks also to the local residents, businesses, landowners and parishioners without whose understanding this event would not be possible.

Darren



www.cycleclubsudbury.com



[instagram.com/cycleclubsudbury](https://www.instagram.com/cycleclubsudbury)



Cycle Club Sudbury



Cycle Club Sudbury

Regional 'A' Riders

	Name	Club/Team	Cat
1.	Anthony Attwood	Abellio - SFA Racing Team	3rd
2.	Felix Barker	ActiveEdge Race Team	2nd
3.	Liam Fenner	API-Metrow/Bodyby JR	2nd
4.	Andrew Diplock	Cambridge CC	3rd
5.	Stephen Fuller	Cambridge CC	3rd
6.	Bjorn Krylander	Cambridge CC	3rd
7.	James Newton	CC Sudbury	3rd
8.	Jose Vicente-Garcia	CC Sudbury	3rd
9.	Leon West	CC Sudbury	4th
10.	Nick Boyle	Chelmer CC	3rd
11.	Jonathan Earnshaw	Cranleigh Cycling Club	4th
12.	Ryan Savage	Crest Cycling Club	2nd
13.	Matthias Barnet	Cycle Team OnForm	2nd
14.	Kieran Jarvis	Cycle Team OnForm	2nd
15.	Ieuan Woods	Cycle Team OnForm	2nd
16.	Charles Kennedy-Scott	Cycling Club Hackney	2nd
17.	Charles Jones	DAP Cycling Club	2nd
18.	Stephen Messenger	East London Velo	3rd
19.	Michael Bell	Fast Test Racing Team	3rd
20.	Cai Davies	Finchley Racing Team	2nd
21.	Toby Miles	Finchley Racing Team	2nd
22.	Nathan Blackmore	Flamme Rouge Cycling Team	2nd
23.	Matthew Humpage	Flamme Rouge Cycling Team	2nd
24.	Neil Pearson	Gemini BC	2nd
25.	Ross Finlay	Islington Cycling Club	3rd
26.	Antoine Magaud	Islington Cycling Club	2nd
27.	Dexter Mansel-Thomas	Lee Valley Youth Cycling Club	2nd
28.	Martin Smith	London Phoenix CC	2nd
29.	Paul Miller	Maldon & District CC	2nd
30.	Matthew Day	Orwell Velo	2nd
31.	Charles Newman	Orwell Velo	4th
32.	James Sherwood	Orwell Velo	3rd
33.	Robert Staines	Pedal Power Cycles Ipswich	2nd
34.	William Drury	Pro Cycle Hire UK Racing Team	3rd
35.	Thomas Battrum	Rapha Cycling Club	2nd
36.	Steve Noel	Rapha Cycling Club	3rd
37.	Jeremy Perks	Rapha Cycling Club	2nd
38.	Mike Smith	Rapha Cycling Club	2nd
39.	Matt Watson	Rockandroadbikes-Ellisix.co.uk RT	2nd
40.	Seb Herrod	Strada-Sport	2nd

Regional 'A' Riders cont.

	Name	Club/Team	Cat
41.	Jake Towler	Strada-Sport	2nd
42.	Oliver Wood	Strada-Sport	2nd
43.	James Street	Team LDN	2nd
44.	David Dalrymple	The 5th Floor Cycle Club	2nd
45.	Alan Groves	VC Revolution	4th
46.	Douglas Allen	Velo Schils - Interbike RT	3rd
47.	Matthew Carter	Velo Schils - Interbike RT	2nd
48.	Ian Perry	Velo Schils - Interbike RT	2nd
49.	Phillip Hatcher	Videre Race Team	3rd
50.	Andrew Braithwaite	West Suffolk Wheelers	4th
Reserves			
51.	Kieran Collins	Army Cycling Union	4th
52.	Saul Busby - Cozic	6AM Cycling	3rd
53.	Ryan Litterick		4th
54.	Billy Fadden	Flamme Rouge Cycling Team	3rd

Women Riders

	Name	Club/Team	Cat
1.	Caroline Humphries	-	3rd
2.	Michelle Arthurs-Brennan	1904 RT	2nd
3.	Anna Marie Hughes	1904 RT	2nd
4.	Vivienne Tomlin	1904 RT	2nd
5.	Francesca Derbyshire	Army Cycling Union	2nd
6.	Louise Wren	Athlon CC	4th
7.	Holly Hoy	Cycle Team OnForm	2nd
8.	Francesca Hall	DAP Cycling Club	2nd
9.	Sophie Holmes	Datalynx-Parenesis Cycling	2nd
10.	Miriam Bullock	East London Velo	2nd
11.	Kirstin Hamilton	Ipswich Bicycle Club	2nd
12.	Lizzie Jenkins	Islington Cycling Club	3rd
13.	Nicole Oh	Les Filles Racing Team	2nd
14.	Nicola Lynch	Newmarket Cycling & Triathlon Club	4th
15.	Gemma Melton	Pedal Power Cycles Ipswich	2nd
16.	Emma Dunk	Se20 RT	3rd
17.	Donna Dale	Walden Velo	3rd
18.	Gemma Hobson	URDT	-

Prize List

1st £45	6th £15
2nd £35	7th £10
3rd £25	8th £10
4th £20	9th £5
5th £15	10th £5

A £20 Prime will be available for the first rider to cross the start/finish line at the end of laps 1, 2 & 3.

Event Timings

	Reg. A	Women
Sign-on Open	7:40	11.40
Sign-on Close/EoL Open	8:40	12.40
Entry-on-Line Close	8:45	12.45
Briefing - Marshals/Convoy	8:20	12.20
Briefing - Riders	8:50	12.50

Regulations

1. You will not be permitted to start unless you are wearing suitable head protection conforming to the standards accepted by British Cycling.
 2. NO UNAUTHORISED FOLLOWING CARS WILL BE TOLERATED WHILST THE RACE IS ON.
 3. First aid services will be provided. Any riders needing hospital treatment will be taken to West Suffolk Hospital, Bury St. Edmunds, IP33 2QZ (01284 713000).
 4. Riders who are deemed to be out of contention and/or at least 5 minutes behind the bulk of the race may be pulled out at the discretion of the Commissaire.
 5. Please obey all police and race marshals' instructions where given.
 6. On the last lap all spectators and helpers' vehicles must be parked away from the finish line. NO VEHICLES ARE TO BE PARKED ANYWHERE ON FINCH HILL BEFORE OR IMMEDIATELY AFTER THE FINISH LINE. Parking is recommended on Smeetham Hall Lane ensuring room for farm traffic movements.
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The Len Finch Memorial Road Races

Len Finch was a very keen cyclist all his life and was a founder member of Cycle Club Sudbury. Born in Walthamstow, he began racing cycle speedway in 1946 at the age of 16 on the makeshift tracks made on waste ground left by the Blitz in World War 2. Len, as one of the "skid kids", helped set up the Walthamstow Wolves, one of around 200 similar clubs in London which gained great popularity into 1950s. After this particular discipline of cycling started to die out he moved on to road racing, competing in events all over the UK and in Europe.



Len's passion for cycling was life-long. In the early years of Cycle Club Sudbury in the late 1970s and through the 80s Len encouraged and mentored the younger members to compete in road racing.

As he got older, Len switched from mass-start events to time trialling which he regularly entered open events and was recognised as one of the oldest testers in the country. He was a character on an off a bike which endeared him to many people he met. Sadly, Len died in May 2018 after being involved in a collision whilst out on a training ride. He leaves behind friends and family who miss him dearly.

Rider briefing for road races held under standard highway conditions

This race is run under British Cycling's technical regulations and under standard highway conditions therefore you **MUST** abide by the rules of the road.

Safety

- You are not on closed roads and you will face oncoming traffic

Marshals (static or moto)

- Direct riders around the course and warn other road users a race is taking place
- Marshals do not create road closures or make it safe to race on the right hand side of the road

Actions

- You are responsible for your own actions
- Race on the left hand side of the road – do not cross solid white lines and always avoid crossing broken white lines
- Persistent offenders will be penalised (eg disqualification or a fine)
- If necessary the race will be stopped

Responsibility

- Look after each other, behave responsibly and safely
- Do not take unnecessary risks - your actions could have serious consequences

Think

- About your position on the road
- Rider behaviour is critical to protecting the future of road racing
- We all have a part to play

