



# Spindle — March 2013 - cycleclubsudbury

**W**elcome to the latest Spindle edition and hopefully a continuation of some 'warmer weather' we are finally getting'. We have one of our many 'jewels' happening this coming Sunday with the running of the Mad March Hilly 22mile Open Time trial. Event organiser Jonathan Weatherley has managed to assemble a record number of 44 entries and including 14 CCS members which is pleasing. A full entry list is shown further on. If any of you out there who are not riding in it or helping out and fancy a destination for your Sunday ride, find yourself a cosy spot out on the course and cheer on the competitors. It really is a good spectacle and worth watching. Your café stop is also sorted as the HQ at Lavenham Village hall will be dishing out cake and hot cuppas from 8.00am until nearly 12.00. Last year's winner, our own Simon Wright, will be riding again and it will take an exceptional ride by one of his competitors to beat him. It's also good to see that our near neighbours from the recently formed Boxford Bike Club are sending a 7 man team over to do the event and hope they enjoy the experience.

This Open Time Trial is usually the 'kickoff' event for a lot of our riders this season and it will be interesting to see how they shape up.

Jonathan reminds anyone who hasn't picked up their CTT handbook yet that they will be available on Sunday from him at the HQ.

For those of you who are considering having a go at Open Time Trials this year, this handbook is essential to 'pick and choose' which TT's to enter and I'm sure Jonathan can get you a copy.

Our Presentation Evening finally took place last weekend and it was nice to see a lot more of the cup winners attending than in previous years. A copy of the Press Report is reproduced further on for the full details.

David Fenn has provided us with a round-up of the happenings in the Audax world and a report from the Sudbury on Show that he and Nick Reed attended

Mark Gentry (*he of the weekly Sunday Ride wacky emails fame!*) has a rant about road manners and I'm glad to see it's not just me who gets agitated with poor driving and riding standards.

Plus loads of other interesting bits and bobs to digest.

The successful WattBike evenings have grown in popularity and have heard nothing but praise for the concept and the *taking part*. Make no mistake, it's still bloomin' hard work but is also strangely satisfying. Apart from the 'racing snakes' of you that took part, it also gives the 'Old Joe's' (*Terry Law's words, not mine*) a chance to show what they're made of. Take out the hills and the mega long distances and suddenly I'm on a par (well almost!) and not the bloke at the back anymore! There is one more session on Thursday 21<sup>st</sup> March and after that we intend to repeat it again next winter with hopefully more evenings and with a more organised competition element to it.

April will see the beginning of yet another Thursday Evening Time Trial Season and hope you are all out there honing yourselves on your bikes, ready for the start.

As it's a bit like the football 'close season' for us at the moment, there isn't a awful lot to report on, so I hope this edition keeps you entertained.....

## Diary Dates

### UPCOMING AUDAX RIDES

Sunday 24th February: Henham, nr Stansted: 50k, 100k rides.

Saturday 2nd March: Norwich: 100k, 200k rides.

Saturday 9th March: Henham, nr Stansted: 30k, 100k, 150k, 200k rides.

Saturday 16th March: Ugley, nr Stansted: 100k, 200k rides.

Saturday 23rd March: Copdock: 100k ride. This is a new ride with a new organiser this year, and it's on your doorstep, so why not give it your support?

Further details and entry forms for all of these rides on the Audax UK website, at [www.aukweb.net](http://www.aukweb.net), under 'Calendar'. Entry open to all.

## UPCOMING LOCAL RELIABILITY AND SPORTIVE RIDES

Sunday 3rd March; Colchester Rovers - Great Bentley Village Hall - no web details available at present. This clashes with our Mad March Hilly Time trial, unfortunately. You know where you should be!

\*\*\*Sunday 14 April; Boxford Cycle Club\*\*\*

**Boxford Tornado Sportive** is now **SOLD OUT**, I believe but check.....

<http://www.boxfordbikeclub.co.uk/the-boxford-tornado-grand-cycl>

### 7.00 – 9.30pm, 21st MARCH; WATT BIKE EVENING

Last of the series; if you haven't been yet, give it a try! Only £2 per rider, at The Stevenson Centre, off Broom Street, Great Cornard, CO10 0WD, a Watt Bike evening; mini-races, time-trials etc – or just measure your output!

### SUNDAY 3rd MARCH: CCS MAD MARCH HILLY OPEN TIME TRIAL

Far too late to enter now, but still worth turning out just to watch. This is a 22 mile (35 km) time trial on a 'sporting' course, from Lavenham through Great Waldingfield and along Valley Road, then left, through Newton Green and left and through to the Hadleigh bypass. Left there, left at Letts Pools to Monks Eleigh, and back to Lavenham.

The venue for this event is the Lavenham Village Hall, at the rear of the public car park adjacent to the Cock Inn, on the B1071 Sudbury road. For details of the course, see 'Events', 'Open Time Trial' on the CCS website. First rider off at 8.30am.

Tea and refreshments available before, during and after the event.

### BILDESTON COMMUNITY CYCLING: SATURDAY 9th MARCH.

There will be a Winter Warmer Saturday morning ride of about 25 miles, with a cafe stop, all starting at 9.30am from Bildeston Market Square. Everyone welcome – just turn up. This is a social ride, rather than at fast ride. Any queries contact Robin Weaver; e-mail [robin@cycleclubsudbury.com](mailto:robin@cycleclubsudbury.com), or phone 01449 741048.

## CONTRIBUTIONS TO THE CCS WEBSITE

Any member is invited to submit news items, event dates, reports on events/rides, to the CCS website. Just e-mail the item, whatever it is, to Robin Weaver, at [pamandrobinw@gmail.com](mailto:pamandrobinw@gmail.com).

Photos can be added to the CCS page on Flickr.

If you want to chat to other members on-line, arrange rides etc, the *CCS Facebook* page is the place to go.

Links to both sites are on the CCS website Homepage, [www.cycleclubsudbury.co.uk](http://www.cycleclubsudbury.co.uk)

## PRESENTATION EVENING.....

(As per Press Report)

### Cycle Club Sudbury

finally held their annual dinner and presentation evening at The Granary in Sudbury, after the initial date, a month earlier, had to be postponed due to snowy conditions. A good gathering of prize winners and members assembled for the presentation by club President and Life Member Geoff Morse, of nearly 40 cups and medals won during the 2012 season. Club Chairman, David Fenn, spoke of another successful season for the club and highlighted that three members within the club are currently training to become accredited British Cycling Coaches which will hopefully lead to more local youngsters taking up the sport. He also pointed out that during the year four new club records were achieved on the Open Time Trial courses, which is always a good indication that the competitive element within the club's riders is progressing.

The prestigious Club Rider of the Year trophy went to Rob Davies who also claimed the 25mile and 50mile Open TT cups, together with the Veterans Best All Rounder award. And following in his dad's wheel tracks, Rob's son Jack won the 10mile TT Junior championship in his first season with the club.





The Ladies Trophy went to Kirsty White who performed well during the Evening Time Trials and also created a new 30mile Open TT club record.

Mat Shotbolt was a clear winner in the 4 courses B.A.R. with a string of late season fastest times. He also broke one of the course records for good measure.



The long distance Audax Trophy went to Peter Faulks with 5161kms ridden in organised Audax events throughout the country during the year. £230 was raised during the evening which will all be donated to the clubs chosen charity East Anglian Children's Hospice.

Clubman of the Year went to Chairman David Fenn, recognising the incredible amount of behind the scenes work during the year he does to keep the club in the limelight. Veteran rider Simon Daw collected the trophy for Best All Rounder for 25, 50 and 100mile TT's. Simon Wright claimed the fastest time in the club's 10mile TT championship along with the Vets title with Barbara Law taking the fastest Ladies time. Also in the 10mile championship, Veteran Bob Bush pipped young rider Tom Littlewood for first place on Handicap. This highlights one of the great strengths of competitive cycling in that age is no barrier as there is over 50 years difference between these riders and that they both have the same desire to win. Tom also won the 10mile Juvenile TT trophy.



## British Cycling Coaches



As many of you will be aware the club is currently having three club members trained as coaches. They have completed their first training session and now have to complete a series of practical coaching sessions prior to their final assessment in mid April. Whilst their coaching training is aimed at 11 to 16 year olds these practical sessions can be undertaken using club members as the purpose is for the trainee coaches to gain experience and perfect their techniques prior to final assessment. These training sessions need to be carried out in a traffic free environment so agreement has been made with Howletts Garage at Lavenham to make use of their rear yard which has sufficient space for our purposes. Club members are requested to make every effort to assist our trainee coaches during this interim period prior to their final assessment. So what we need now is for nine club members to volunteer to act as 'guinea pigs' on these training sessions. Currently we are proposing to run the sessions on a Sunday morning commencing on Sunday 10<sup>th</sup> March, actual date and time to be confirmed. The sessions will run for about 1 ½ hours and we expect 2 to 3 sessions will be needed. When we discussed coaching during the AGM a number of members kindly offered their time to assist the coaches, we trust you are still available. Looking to the future we are currently in communication with three schools in the Sudbury area, Woodhall, St Gregory's and Pot Kiln. The aim is to get our qualified coaches into the schools to encourage youngsters to take up the sport. At the moment we are getting a positive feedback from the schools. Would members who are prepared to give up some time to assist on a Sunday morning please get in touch with either myself or Adam Chamberlin as soon as possible to confirm their availability.

*David Fenn*



The 20 week long Thursday Evening TT Series was decided in the closing stages and won by veteran Darren Rule from another of the clubs juniors, Charlie Pratt who secured a worthy second place.

# CCS 2013 WINTER WATT BIKE EVENING RESULTS

(Compiled by Robin Weaver)



## CCS WATT BIKE EVENING 17th JANUARY

NOTE THAT INDIVIDUAL TIMES FOR 100, 200m RACES ARE NOT ABSOLUTELY CERTAIN – THERE MAY HAVE BEEN SOME CONE COLOUR CONFUSION! WHERE RIDERS RODE 2 RACES AT THE SAME DISTANCE, THE FASTEST IS RECORDED.

### 100 METRES RACE

NAME	TIME	AV. WATTS
PETER GIBSON	5.20	
DARREN PRATT	5.51	
CHARLIE PRATT	5.56	
ASHTON DYSON	5.64	
ROBIN WEAVER	6.10	
KAREN MOORHOUSE	6.19	
DAVID MILLER	6.19	
TREVOR HALE	6.36	
MARK JAY	6.41	
FRANCIS KEANELY	6.41	
DENISE LEEDER	6.44	
BRIAN MANN	6.74	
BOB BUSH	7.40	
ROGER RUSH	7.65	
BARBARA LAW	8.06	

### 250 METRES RACE

NAME	TIME	AV. WATTS
DARREN PRATT	13.88	
CHARLIE PRATT	13.94	
ADAM CHAMBERLIN	14.57	
DAVID MILLER	14.65	
ASHTON DYSON	14.81	
PETER GIBSON	15.61	
ROGER RUSH	15.68	
FRANCIS KEANELY	15.93	
ROBIN WEAVER	16.22	
BRIAN MANN	16.32	
MARK JAY	16.36	
TREVOR HALE	16.78	
BOB BUSH	18.42	
KAREN MOORHOUSE	18.91	
BARBARA LAW	21.30	
DENISE LEEDER	32.91	

## CCS WATT BIKE EVENING 21<sup>st</sup> FEBRUARY

WHERE RIDERS RODE 2 RACES AT THE SAME DISTANCE, THE FASTEST IS RECORDED.

### 100 METRES RACE

NAME	TIME	AV. WATTS
PETER GIBSON	5.18	955
JAMIE HOWE	5.40	922
ANDREW BIGG	5.93	
TREVOR HALE	5.98	673
TERRY LAW	6.00	728
SIMON DAW	6.06	705
SIMON NORTON	6.14	705
ROBIN WEAVER	6.63	
NICK REED	6.89	521
KAREN MOORHOUSE	7.16	464
BARBARA LAW	8.25	312
JAMES HANCOCK	9.76	201

### 250 METRES RACE

NAME	TIME	AV. WATTS
DARREN PRATT	13.59	964
ANDREW BIGG	15.03	710
CHARLIE PRATT	15.03	711
JAMIE HOWE	15.10	710
MALCOLM BORG	15.57	638
SIMON DAW	15.77	631
SIMON NORTON	16.35	596
TREVOR HALE	16.56	573
NICK REED	16.62	533
ROBIN WEAVER	16.77	539
TERRY LAW	17.07	516
KAREN MOORHOUSE	20.21	320
BARBARA LAW	22.45	251
JAMES HANCOCK	25.12	188

**500 METRES RACE**

<i>NAME</i>	<i>TIME</i>	<i>AV. WATTS</i>
DARREN PRATT	31.77	
CHARLIE PRATT	34.57	
ADAM CHAMBERLIN	35.35	
ASHTON DYSON	36.69	
DAVID MILLER	37.21	
BRIAN MANN	37.88	
ROBIN WEAVER	38.06	
ROGER RUSH	38.44	
PETER GIBSON	39.14	
TREVOR HALE	39.92	
KAREN MOORHOUSE	42.43	
BOB BUSH	43.35	
BARBARA LAW	45.13	

**1000 METRES RACE**

<i>NAME</i>	<i>TIME</i>	<i>AV. WATTS</i>
CHARLIE PRATT	1.15.57	
PETER GIBSON	1.15.78	
FRANCIS KEANELY	1.16.20	
ADAM CHAMBERLIN	1.17.11	
MARK JAY	1.18.58	
ASHTON DYSON	1.18.61	
ROBIN WEAVER	1.20.11	
DAVID MILLER	1.21.76	
BRIAN MANN	1.22.19	
TREVOR HALE	1.23.32	
ROGER RUSH	1.23.40	
DENISE LEEDER	1.26.04	
DARREN PRATT	1.29.23	
KAREN MOORHOUSE	1.31.40	
BOB BUSH	1.37.51	
BARBARA LAW	1.40.37	

**5000 METRES RACE**

<i>NAME</i>	<i>TIME</i>	<i>AV. WATTS</i>
DARREN PRATT	7.12.88	
ADAM CHAMBERLIN	7.42.37	
CHARLIE PRATT	7.55.26	
KAREN MOORHOUSE	9.11.03	

**500 METRES RACE**

<i>NAME</i>	<i>TIME</i>	<i>AV. WATTS</i>
DARREN PRATT	29.22	777
ANDREW BIGG	33.79	530
CHARLIE PRATT	34.13	521
JAMIE HOWE	34.26	516
ROBIN WEAVER	35.02	488
MALCOLM BORG	35.27	473
SIMON NORTON	35.30	476
TREVOR HALE	36.27	440
NICK REED	37.29	412
SIMON DAW	38.36	384
TERRY LAW	39.07	365
KAREN MOORHOUSE	43.11	274
BARBARA LAW	48.54	200
JAMES HANCOCK	1.10.19	116

**1000 METRES RACE**

<i>NAME</i>	<i>TIME</i>	<i>AV. WATTS</i>
DARREN PRATT	1.12.02	470
CHARLIE PRATT	1.15.27	410
SIMON NORTON	1.17.19	377
ANDREW BIGG	1.21.02	335
KAREN MOORHOUSE	1.34.01	255
BARBARA LAW	1.44.74	167
JAMES HANCOCK	2.18.86	83
ROBIN WEAVER	DNF	

**5000 METRES RACE**

<i>NAME</i>	<i>TIME</i>	<i>AV. WATTS</i>
DARREN PRATT	6.43.36	332
SIMON DAW	6.59.30	300
MALCOLM BORG	7.29.00	249
ROBIN WEAVER	7.40.57	233
JAMIE HOWE	7.48.44	223
SIMON NORTON	7.49.87	220
NICK REED	7.51.01	220
TREVOR HALE	8.14.75	191
ANDREW BIGG	8.16.24	191
TERRY LAW	8.32.60	174
KAREN MOORHOUSE	8.51.67	158
BARBARA LAW	9.55.45	116

## Sudbury on Show 2013.

By David Fenn

Sudbury on show happens biannually and is an opportunity for local groups to show off their activities. All participants, of which there were about 100, have a free entry into a Sudbury on show handbook so it is also an excellent opportunity to gain some free advertising. Nick Reed and I arrived at the Church at about 9.15 am on Saturday 2<sup>nd</sup> February armed with our advertising boards, club handbooks, bottles and club flag. Robin Weaver had done a sterling job having the advertising boards produced in three days. Unfortunately the table space allocated to us proved to be rather small at about one metre square; however with the club flag erected we did have the tallest display at about 12' high. Following an opening speeches by the Town Mayor and Lord Phillips of Sudbury it was time to meet the visitors. Nick was soon engrossed in a long and detailed conversation with an elderly gentleman who was determined to relate his numerous ideas for improving the design of the bicycle. We had many notable visitors to our display including two former Sudbury Town Mayors who were very interested in our ideas for coaching and willing to assist with making contacts with local schools. We also had a welcome visit from our club President who called in for a chat and provide some moral support. We were kept busy with a number of visitors indicating their interest in the Sunday morning rides with the proviso the weather would need to be both warmer and dryer, a common theme amongst the visitors. Participation in Sudbury on Show provides good exposure for the club; we also made some very useful contacts. Both Nick and I thought our participation was a worthwhile exercise which in some small way may help to encourage at least some of the visitors to get out on their bikes, hopefully with Cycle Club Sudbury.



## CYCLING AWARENESS DRIVING TEST E-PETITION

by Jonathan Weatherley

Club members might want to consider signing the following e-petition (supported by British Cycling) which is in favour of making cycling awareness part of the Driving Test:

*'Whilst the driving theory test has some optional cycling awareness questions, not everyone is tested with these and the practical driving test does not have any particular focus on cyclists. If drivers are not trained to be aware of cyclists and how to drive around them they will retain the lack of awareness after they pass their test. British Cycling supports the motoring organisations which are calling for harder tests and the inclusion of cycle awareness in the test. British Cycling's manifesto says: changes to the driving test to make cycle awareness a core part of driver training and testing with emphasis on how much space to give cyclists and how to safely overtake cyclists. We need to make this happen and stop people being needlessly killed on the roads.'*

(Source: HM Government e-petitions web site).

To sign the petition, click on the following link: <http://epetitions.direct.gov.uk/petitions/44059>

Currently only around 12,000 have signed up. 100,000 names are needed for it to be debated in Parliament.

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## A RANT ABOUT MANNERS

By Mark Gentry

I think that cyclists and car drivers should try to get along better. We share the same roads and, as with any other form of war, hostilities carry on until the opposing groups sit down and work things out. But there has to be one side which takes the initiative and tries to do things to start to help the situation.

Don't get me wrong. I know that there will always be the maniacal drivers who know the road is just for them and no one else. They just don't care what happens until someone is killed or injured, at which point they become overwrought with remorse and sorrow. Unfortunately, too late. I get just as angry as any other cyclist at the ridiculously dangerous



things the so-called “drivers” do. “Screwdrivers”, I call them. “They don’t like screwdrivers’ up ‘em”, I say, to mis-quote Corporal Jones.

There are the ones who overtake when they can’t possibly see whether there’s anything coming in the opposite direction; the ones who squeeze past on narrow sections of road, when there is a wider section a little way ahead. The ones who overtake and then swing in to an opening on the left, making us engage emergency braking procedure. The ones who drive behind on wet, leaf-strewn lanes, so close that there would be certain injury and quite possibly death, if a cyclist were to fall off. And all that these stupid actions, and others, gain for the motorist is a very few seconds. Very often only five or ten, which they probably use gainfully sitting in the car admiring their wonderful vehicle’s dashboard layout.

But, I get as mad as any other car driver, when, what I can only call “bike-riders” jump up on the pavement to get round some perceived obstruction; when they ignore traffic lights; when they ride over zebra crossings; when they zoom out of side roads in the confidence that the cars will swerve out of their way; when, at night, they have no, or very inadequate, lighting. I don’t include any of us in this section of the cycling public. Obviously, many of these “cyclists” engage in really dangerous actions, but, there are also actions that are best described as “unfair”. I realise that unfairness is almost an obsolete word now, but I think, probably these unfair actions annoy drivers more, because, at least, with dangerous actions there is the possibility of the offender getting his/her come-uppance.

I agree that riding two-abreast is our right and that conversation is very difficult when riding in line astern, and the view, often leaves much to be desired but on busy roads and where there are central refuges and bollards in the road, I think that to keep cars queuing up behind is a bit unnecessary, and, unfair. Of course they shouldn’t overtake AT the bollards but at least give them the chance to go in between. On very narrow lanes it is perhaps wise to ride side by side to prevent any dangerous passing manoeuvres but on medium width

roads, riding in line for a minute or two would make the world go round a little smoother. On long stretches of narrow road, leaving a two or three-car gap between groups would help and, in extremis, pulling over to let vehicles past wouldn’t ruin the whole ride

I don’t claim, in any way whatsoever, that I am a good cyclist. I cringe internally at the thought of some of the things I have been guilty of, both as a cyclist, and a motorist. I do, though, think that it is annoying when cyclists and motorcyclists weave through stationary traffic to gain a small advantage. Equally, when they ride up the inside of a queue at traffic lights, it only serves to annoy drivers, and, I believe, that is how SOME riders are injured by juggernauts turning left. I must say here that the criminally – murderously - inadequate mirror provision on these horrors is truly iniquitous and were it car drivers dying; something would have been done about this long ago.

A final and slightly different point is that horses are very silly animals but can cause a great deal of damage and injury. A lot of motorists don’t seem to realise this and they treat horses as inconsiderately as they do us but if they saw the damage a horse can do to their precious cars they might drive with more consideration. From the horse rider’s point of view, whereas cars can be heard from a distance, cyclists whiz along almost silently. Horses don’t react well to surprises and it helps riders very much if they can have a warning as soon as possible. A shout “hello” or a whistle gives the horse a chance to register our presence and be less surprised. It helps to pass as slowly as is reasonable, so as to pose less of a threat to these idiot animals

I realise that many will not agree with these opinions, but the more cyclists who can say that they have been considerate to other road users, the more weight we have behind our undeniable human right of equal consideration. With the numbers of riders killed and injured these days, something must be done and we must start somewhere. And there is no weakness in being the group strong enough to say that we know what is right and there is less ammunition for those trying to put the blame on us.





**C.C. Sudbury 'Mad March Hilly' (BS24/R) 22mile Open T.T.  
Startsheet  
Sunday 3rd March 2013**

**No. Name Club Cat Start time**

1. Clive Gilham CC Sudbury V 8.31
2. Andrew Renshaw Boxford Bike Club V 8.32
3. Simon Norton CC Sudbury V 8.33
4. David Rudling CC Sudbury V 8.34
5. Mathew Shotbolt CC Sudbury S 8.35
6. John Bradbury Boxford Bike Club V 8.36
7. Robert Wallace CC Sudbury S 8.37
8. Emma Beard Stowmarket & District C.C.- Orbea/Autostrasse LS 8.38
9. Gerry Barton West Suffolk Whs V 8.39
10. Simon Wright C.C. Sudbury V 8.40
11. Denise Leeder C.C. Sudbury LV 8.41
12. Kirsty White C.C. Sudbury LV 8.42
13. Curtis Caba Boxford Bike Club V 8.43
14. Peter Beard Stowmarket & District C.C.- Orbea/Autostrasse V 8.44
15. Jason Bouttell Team Velovelocity.co.uk S 8.45
16. Kelly Wagland Boxford Bike Club V 8.46
17. Richard Porter Boxford Bike Club V 8.47
18. Mike Remblance Wolsey Road Club V 8.48
19. Lee Nowak Kings Lynn Cycling Club V 8.49
20. Simon Daw C.C. Sudbury V 8.50
21. Matthew Shinn Boxford Bike Club V 8.51
22. Charlie Pratt C.C. Sudbury J 8.52
23. Nick Baker CC Sudbury V 8.53
24. Paul Rooke West Suffolk Whs S 8.54
25. David Staff Team Velovelocity.co.uk V 8.55
26. Darren Rule C.C. Sudbury V 8.56
27. Darren Pratt C.C. Sudbury V 8.57
28. Nick Rivett North Norfolk Wheelers V 8.58
29. Adrian McTigue Plomesgate CC V 8.59
30. Phil Jarvis Colchester Rovers CC V 9.00
31. David Crisp Stowmarket & District CC S 9.01
32. David Cole Boxford Bike Club S 9.02
33. Colin Lown Ipswich BC V 9.03
34. James Rush C.C. Sudbury S 9.04
35. Mark Arnold Team PedalRevolution.co.uk S 9.05
36. Nicholas Webber Colchester Rovers CC V 9.06
37. Andrew Kennedy Ipswich BC V 9.07
38. Gary Smith Kings Lynn Cycling Club V 9.08
39. Ben Caisey Stowmarket & District CC S 9.09
40. Paul Jay Team Velovelocity.co.uk S 9.10
41. Barry McDonald Velo Schils Interbike R.T S 9.11
42. Neil Hornett Eagle Road Club S 9.12
43. Andrew Leggett Stowmarket & District C.C.- Orbea/Autostrasse S 9.13
44. Andre Dyason Team Swift V 9.14

## Audax Statistics Update.

By David Fenn.

Following the completion of the Audax year at the end of September 2012 it has been a long wait for the Audax UK 2013 Handbook to arrive. But arrive it has, along with the latest copy of Arrivee. The Audax UK handbook includes lists of awards which Audax UK members qualify for by riding various distances and combinations of distances in Audax events. Amongst the names listed are several members of Cycle Club Sudbury which I have tabulated below to give a complete record of members achievements during the 2011 / 2012 season.

One of the major achievements by a CCS rider was Peter Faulks completing a Brevet 25,000 series which involves riding a total of 25,000 Km over various distances, including

a PBP or LEL all within a 6 year period, well done Peter.

I chose to ride fixed wheel in all my Audax events from March onwards, my target was to gain as many points as possible towards the Audax UK fixed wheel challenge. My final total of 36 points was good enough for 5<sup>th</sup> place in the final list, a long way from the massive 175.75 points achieved by the winner.

John Oakshott is a recent addition to the list of CCS members who have completed a Randonneur Round The Year (At least one 200km ride in twelve consecutive months).

John completed his series in February which included two rides in Australia whilst on holiday (now that shows commitment).

Name	Points	Total Distance km	100 km rides	200 km rides	300 km rides	400 km rides	600 km rides	Brevet 500	Brevet 1000	Brevet 2000	Brevet 3000	Randonneur 5000	Super Randonneur	Randonneur Round the year
Peter Faulks	51	5161	-	16	3	1	1	-	x	x	x	x	x	x
Steve Barnes	43	4690	3	15	1	1	1	-	x	x	x	-	x	-
David Fenn	39	4791	8	16	1	1	-	x	x	x	x	-	-	x
John Oakshott	33	3775	4	15	1	-	-	-	x	x	x	-	-	-
Denise Davidson	31	3228	1	9	1	1	1	-	x	-	-	-	x	-
Peter Gibson	10	1228	2	5	-	-	-	-	x	-	-	-	-	-
Ed Nevard	8	938	1	4	-	-	-	-	-	-	-	-	-	-
Tony Grimes	8	1344	5	4	-	-	-	x	-	-	-	-	-	-
Brian Mann	8	1124	3	4	-	-	-	-	-	-	-	-	-	-
Robin Weaver	6	800	2	2	-	-	-	-	-	-	-	-	-	-
Viv Marsh	2	811	6	1	-	-	-	-	x	-	-	-	-	-
Tim Radford	2	311	1	1	-	-	-	-	-	-	-	-	-	-
Mark Gentry	2	1104	8	1	-	-	-	x	-	-	-	-	-	-
Mac McDermott	0			-	-	-	-	x	-	-	-	-	-	-