**HOW THURSDAY EVENING TIME TRIALS WILL OPERATE IN 2021**

TIME TRIALS THIS YEAR WILL BE VERY DIFFERENT; APART FROM ANYTHING ELSE, THERE SHOULD BE NO SOCIALISING BEFORE OR AFTER THE EVENT. HOPEFULLY THINGS MAY CHANGE BEFORE THE END OF THE SEASON. PLEASE READ THE FOLLOWING CAREFULLY.

1. As Covid-19 restrictions (social distancing, cleansing etc) will still apply the number of events will be reduced from 20 to 16 or 17. This will allow time for clearing up/sanitising etc after events before it gets dark.

TTs on 16, 23, 30 April will not be run, and the status of the 27 August TT will be confirmed later.

The course for first event of the season on 6 May will be changed from Hitcham Hilly to Lavenham 10.

The interclub events with Colchester Rovers and West Suffolk Wheelers will not take place this year, but club TTs will still be run on those dates.

2. If riders/timekeepers/marshals need to shield, or have any Covid-19 symptoms, however mild, or have received a positive coronavirus (Covid-19) test result, or live with others who have, they must not attend, until they are recovered or until the end of a 10 day self-isolation period.

3. Riders in events will be limited to 1st and 2nd claim members only, no visitors. There will be a limit of 30 on the number of riders, on a first come-first served basis. This will reduce numbers of riders attending and possible interaction, and enable us to maintain better control, and better communicate with riders if things change.

4. Payment will be £4 a ride for 1st and 2nd claim riders. Payment can be made for the season, at £60; given that weekly prepayment is otherwise required, see 6 below, this might make life easier. In a change of plan, CTT have decided not to increase the ‘per rider’ levy after all this year.

5. Potential riders must notify CCS by email to [pamandrobinw@gmail.com](mailto:pamandrobinw@gmail.com) after 6pm on the Sunday before an event and before 7pm on the Tuesday evening before an event if they wish to ride. If there are more than 30 who want to ride, those who submitted the first 30 emails will get a ride.   
This will enable a start sheet to be pre-prepared and circulated on the Wednesday. Riders turning up on the night will not be allowed to ride.

6. Payment. No payment on the night. Payment must be made before the event, but it is suggested you do this after your ride place is confirmed by the start sheet.

Two payment methods;

If you have a PayPal account, you can pay £4 to the email address [davem@cycleclubsudbury.com](mailto:davem@cycleclubsudbury.com;on); on the Payment page, add a note of your surname, and TT.

Alternatively, make a payment of £4 by EFT bank transfer to CCS, details; Barclays Bank; Account name Cycle Club Sudbury; Sort code 20 83 50 Account number 30308188. Please use your surname and TT as a payment reference.

7. Riders should time their arrival to suit their start time. Those arriving by car should preferably park in alternate spaces, or nose to nose. Riders must maintain social distancing on arrival, sign on, and then leave the car park for a warm up ride. Warming up using turbos in the car park will not be allowed. There should be no socialising in the car park.

8. Riders are to queue individually, respecting the socially distancing markers, to sign on. They must bring their own pen, and collect their number, which will be laid out. Hand sanitiser will be provided.

9. Riders should arrive at the TT start no more than 5 minutes before their start time, to reduce queuing; ie no more than 5 riders at the start at any one time. They should queue respecting the socially distancing markers.

10. There will be no pusher-off.

11. The start time keeper will be socially distanced from the start line. Riders must not approach him, or leave anything at the start. Spectators will not be allowed at the start.

12. During the event, overtaking riders are to keep well clear of the other rider, for covid reasons.

13. Riders must not stop at the finish; timekeepers will maintain social distancing. Spectators will not be allowed at the finish.

14. After the event, on returning to the car park riders must return their number by placing in a bucket.

15. Riders should leave the car park immediately after returning their number, without socialising. Results will be posted on the CCS website and Facebook asap.

16. Other things to remember;

working front and rear lights required

no U-turns on the course at the start – walk across the road

no warming up on the course after the TT has begun

17. Marshals. All riders will be required to marshal twice in the season. Please email Robin at [pamandrobinw@gmail.com](mailto:pamandrobinw@gmail.com) before the start of the season with four dates on which you could potentially marshal, and two will be allocated to you. Marshals must provide their own hi-viz jacket/bib.   
  
18. Signs will pre-sorted into packs suitable for each course, rather than signs being sorted at the start. Marshals will need a car. Marshals should not share a car. Disposable nitrile gloves will be provided for marshals placing signs, with a bin for disposal of used gloves at the car park. After the TT, signs will sprayed with antiseptic aerosol.

19. The start timekeeper will place start signs, and store/handle them for the season.

20. The finish timekeeper will place finish signs, and store/handle them for the season.

21. Timekeepers will be issued with watches at the start of the season and keep the same watches for the season.